## WARRANTY

Limited 10-year warranty on main post and metal structure
Limited 5-year warranty on moving parts and bearings
Limited 5-year warranty on seats and backrests
Limited 2-year warranty on on footrests, armrests and rubber parts

### SAFETY

The adult outdoor fitness equipment is not intended for use by individuals younger than 14 years old.

# **Distributors:**

THE SWEETMAN GROUP INC.
O/A THE PLAYGROUND GUYS,
P.O.Box 4031,Olds,Alberta,T4H 1P7

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Email:office@playgroundguy.com



# **OUTDOOR FITNESS GUIDE**



# **Q-FITNESS**

# Introducing Q-Fitness from KidsTale

# Create a Lifestyle with our Outdoor Fitness Equipment

The Sweetman Group, Inc. owns and operates Fitness Outdoors and The Playground Guys. We are a family-run business, specializing in recreation equipment for all ages.

We are proud to bring to you the most innovative concept in outdoor fitness equipment in the last 25 years. We are a proud Canadian company based in Olds, Alberta serving the needsof

Designed to meet health needs and promote active living amongst teens, adults and seniors in your community, this equipment provides opportunities for users to prolong their active lifeby increasing mobility and flexibility.

When you install Q-Fitness equipment from The Sweetman Group, you can rest assured it hasthe reputation and experience of the KidsTale brand built right in. Tens of thousands of these life-enhancing fitness units are already serving communities worldwide, and now they're in Canada!

Talk to us about how you can turn your park, recreation area, or open green space into a community fitness centre, providing your entire community with access to commercial quality exercise equipment.

To create a fun social fitness environment for your community, call us today at 1-800-663-6711or Local, 403-556-7300.

Find us on Facebook - www.facebook.com/FitnessOutdoors

Western Canadians since 1984.





FS-0003

UNIT SIZE: 71" x 63" x 93"
TRIPLE CHIN-UP



FS-0006

UNIT SIZE: 74" x 16" x 65" DOUBLE LEG PRESS



FS-0002

UNIT SIZE: 41" x 40" x 57"

DOUBLE SHOULDER ROTATOR



FS-0001

UNIT SIZE: 69" x 29" x89" DOUBLE CHEST PRESS



# FS-0022

UNIT SIZE: 81"x34"x77"
DOUBLE LAT PULL DOWN



FS-0007

UNIT SIZE: 45" x 22" x 57" SINGLE SKI-RUNNER



### **FS-0008**

UNIT SIZE: 40" x 21" x57" SINGLE SKY RUNNER



# FS-0004

UNIT SIZE: 35" x 25" x 68" STRETCHING WHEEL

<sup>\*</sup>It is the responsibility of the owner to ensure appropriate resilient surface is installed under all playground equipment.



Q-FITNESS

FS-0010
UNIT SIZE: 86" x 21" x 54"
DOUBLE SKY RUNNER



FS-0037
UNIT SIZE:39"x22"x57"
SINGLE GLIDER



FS-0038
UNIT SIZE:62"x22"x57"
DOUBLE GLIDER



FS-0014
UNIT SIZE:59"x52"x50"
TRIPLE BODY TWISTER



FS-0023
UNIT SIZE: 60" x 33" x 37"
SINGLE ROWER



FS-0017
UNIT SIZE: 73" x 22" x 66"
DOUBLE DIP STATION



FS-0015
UNIT SIZE: 65"x65"x98"
TRIPLE HORIZONTAL BAR



FS-0011
UNIT SIZE: 34" x 24" x 48"
SINGLE FIT RIDER



FS-0024
UNIT SIZE: 65" x 64" x28"
DOUBLE SIT-UP BENCH



**FS-0031**UNIT SIZE: 82" x 74" x 71"
MULTIGYM



UNIT SIZE:41" x 22" x 45" FIT CYCLE



FS-0045
UNIT SIZE:75" x 33" x 77"
ACCESSIBLE CHEST PRESS
& LAT PULL DOWN



FS-0048

UNIT SIZE:34" x 40" x 53"

ACCESSIBLE STRETCHING WHEEL

& SHOULDER ROTATOR



FS-0049
UNIT SIZE:36" x 20" x 45"
ACCESSIBLE VERTICAL PRESS
& ARM TRAINER



RFS-0001
UNIT SIZE:
ROYAL DOUBLE CHEST PRESS



RFS-0022
UNIT SIZE:
ROYAL DOUBLE LAT PULL DOWN

<sup>\*</sup>It is the responsibility of the owner to ensure appropriate resilient surface is installed under all playground equipment.



RFS-0004

UNIT SIZE:
ROYAL DOUBLE
STRETCHING WHEEL



**RFS-0002** 

UNIT SIZE: ROYAL DOUBLE SHOULDER ROTATOR



FS-0010

UNIT SIZE: 86" x 21" x 54" DOUBLE SKY RUNNER



**RFS-0023** 

UNIT SIZE: ROYAL DOUBLE LAT ROWER



**RFS-0037** 

UNIT SIZE: ROYAL DOUBLE GLIDER



**RFS-0006** 

UNIT SIZE: ROYAL DOUBLE LEG PRESS



**RFS-0024** 

UNIT SIZE: ROYAL DOUBLE SIT-UP BENCH



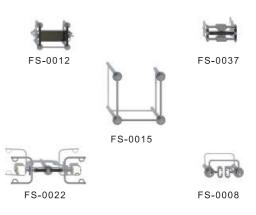
**RFS-0014** 

UNIT SIZE:
ROYAL DOUBLE BODY
TWISTER



FT-1601

AGEGROUP:13 AND UP UNIT SIZE:34" x 18"



**NUMBER OF STATIONS: 5** 



FT-1602

AGE GROUP: 13 AND UP UNIT SIZE: 36" x 27"



NUMBER OF STATIONS: 7

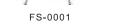
FS-0013

FS-0015



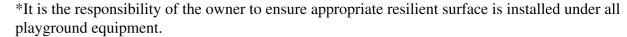
FT-1603

AGEGROUP:13 AND UP UNIT SIZE:38" x 29"



NIT SIZE:38" x 29" NUMBER OF STATIONS: 9

FS-0006



FS-0010

FS-0019

FS-0017